**Registration Form**

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| **Name** |  | **Contact number** |  |

Please indicate which stage or stages you are interested in below. All times and distances are approximate.

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| Stage | Distance(miles) | Description | Tick as applicable |
| All StagesThe whole circular route | 18 | Start at Heritage Centre 9.00 am |[ ]
| Stage 1New Mills Heritage Centre toSett Valley Café, Birch Vale | 5½ | 9.00 am to 11.45 am.Suggested bus from New Mills Bus Station: 61 bus @ 11.30 am |[ ]
| Stage 2Sett Valley Café toPlainsteads (Monks Road) | 4 | 12.00 noon to 2.30 pm.To leave at this stage there is a 20-minute walk to the bus stop. Bus to New Mills leaves the end of Monks Road at 3.07 pm. |[ ]
| Stage 3Plainsteads to theFox at Brook Bottom | 5 | 2.30 pm to 5.25 pm.To join at Plainsteads, catch 61 bus towards Glossop from New Mills Bus Station at 1.30 pm, and alight at Monks Road at 1.49 pm; there is then a 20-minute walk to Plainsteads. |[ ]
| Stage 4The Fox at Brook Bottom toNew Mills Heritage Centre | 3½ | 5.45 pm to 6.50 pm |[ ]
| Little Mill LoopCircular route starting and finishing at the Little Mill at Rowarth | 4 | To take in a shorter walk at the far end of the parish, drive up to the Little Mill Inn at Rowarth and join the main event at 1.30 pm. The Loop will take about 2½ hours including a rest stop. |[ ]