

Getting Involved

Guided Walks

Join us on one of our guided walks. We have already led walks around some of the Listed Buildings of New Mills, a Secular walk around the Churches and a Geology walk through the Torrs, and we are planning others - a lost pubs of New Mills walk and a Bridges of New Mills Walk, amongst others.

All our events will be publicised through Visit New Mills online, our own website and New Mills Heritage Centre, as well as the newsletter.

Footpath Surveys

Fancy surveying some of our footpaths in 2015? Enquire of our Secretary about the training days, where you can find out the standards required. We co-ordinate our work with The Ranger Service of DCC. A fun social event that helps you look more closely at the things around you.

Sponsor a leaflet

Leaflets cost little to print in bulk, and we'll acknowledge any donation that allows us to print one of our planned walking leaflets. The more we have printed, the more visitors we can attract, and we will do our best to circulate them throughout the Peak District..

Planned leaflets

Walk2: Rowarth and Lantern Pike

Walk3: Churches of New Mills

Walk4: New Mills Parish Boundary

Walk5: Nesbit Connection

Social Events and Committee Meetings

Come along to one of our social gatherings for a chat, a walk and a drink.

Or come along to a committee meeting. They aren't very formal and your views would be most welcome.

Contact the Secretary to find out when these events are planned.

For further information about any or all of these ideas, please contact our Secretary. Our email address is

mail@nmwaw.org.uk

NEW MILLS

The first Walkers are Welcome town
in the Peak District

www.nmwaw.org.uk



Spring 2015

Newsletter 2

Coming Events

- 16 May** Disley celebrates Walkers are Welcome accreditation. We will walk from New Mills to the Rams Head in Disley, starting at 9:00am from New Mills Heritage and Information Centre, arriving in time to join in with their celebrations which start at 10:30 and will include short walks of various types.
- 4 July** Marple and New Mills Central Stations are 150 years old. As part of the week long celebrations, there will be a walk from Marple Station to New Mills Central.
- Stall at One World Festival manned by WaW volunteers.
- 5 July** Walk from New Mills Heritage Centre to Marple Station, via Brookbottom and Linnet Clough. Led by Jeanne/Mike Daniels.
- Ranger-led walk from New Mills Central to Edale Station.
- September** New Mills Festival fortnight. We will lead at least two walks around the town. One might be a Lost Pubs of New Mills walk, led by Mike Daniels and the other could well be a Listed Buildings walk led by Dave Dunford. Further Information will be forthcoming closer to the events

For the more energetic among us, three races for your calendar,

- 4 May - 4 miles - Fox Inn
13 June - 4 miles - New Mills Carnival
31 August - 6 miles Hare and Hounds

Check visitnewmills.co.uk for further information on events around New Mills.



Walking for Health

Walking for Health is a network of health walk schemes across the country. The Ramblers and Macmillan Cancer Care work together to bring free, short walks to help people get active and stay active. Walking for Health in the High Peak offers a variety of walks, very easy walks up to an hour in duration, easy walks up to 90 minutes and the scheme also supports longer “Beyond walking for health” walks which may take up to 3 hours. Our

walks are led by friendly, knowledgeable people, specially trained for the job. For more information on walks in the New Mills area please have a look at our walking programme at www.highpeak.gov.uk/hp/walks-for-health or call 07879 848292 for more details.

Supporting you to get active and stay active

Local Walkers are Welcome groups.

We are delighted to welcome Disley to the company of towns and villages with Walkers are Welcome accreditation.

With Bollington and New Mills already accredited, our three organisations are looking at active ways in which we can work together for the common good.

It is still very early days in our discussions and already the signs are very encouraging. Already, we are able to learn from each other's experiences and to build on each other's best practices.

The future looks very exciting.

Ginnels and Green Lanes Report

We held a short walk on New Year's day, to blow away the cobwebs of the festivities and enjoy a short walk through the ginnels and down a green lane, finishing just before 12:00 at a local pub.

Notably, the sighting a hare at Shaw Farm cheered us all, and 16 very smiling and sociable people enjoyed the fresh air and the company, timing it (almost) perfectly to finish as the Fox opened it's front door to customers.

Most satisfying!

Annual Report (Extract)

2014 Walking Festival participation – April 2014. We organised 4 walks during this event. A local geologist led a group of 10 people on a geology themed walk locally, Sean led 3 events – one a fell race and the others walks around high points locally.

Footpath surveys organised - this has been a very successful initiative and has drawn volunteers from events we have attended to promote Walkers are Welcome locally.

Publicity stand at One World Festival 5 July 2014. We did a questionnaire to get people to tell us what they thought about walking locally and what they would like from the group. We are using this information to develop our plans for the future.

We produced our first walk leaflet in July 2014, and publicised a walk to celebrate it on 20 July.

We hosted 3 walks in and around New Mills during the annual New Mills festival and advertised in the programme.

Dave ran a Listed Buildings walk and Mike ran a Churches of New Mills walk – both attracted larger than expected groups and were well received.

In November we produced our first Newsletter and sent it out to approximately 100 recipients, as well as publishing it on our website.

Nature Walk for Young People

Half term can be a challenging time. After all, what is there to entertain young people that doesn't cost a small fortune? So we decided to hold a nature walk with young people in mind.

In the event, 21 people took part in the walk which was led by Chris Moore on behalf of Walkers are Welcome. Chris has some experience from the time she spent leading groups with Sett Valley Nature Watch, and she developed a work sheet for the youngsters to complete on their way round.

Even though the going was very muddy, which meant curtailing some of the planned activities, and the day was very cold, everyone had a super time and we've been asked for more of the same or similar events.

So, a huge thanks to Chris for giving up her time and expertise and we look forward to more child friendly activities.